



Cystic Fibrosis Scholarship Foundation
Helping young adults with CF pursue their dreams

WINTER 2006

From the President:

Welcome to our Winter Newsletter. The purpose of the Winter Newsletter is to let our donors and friends learn more about the young adults with CF who are being helped by CFSF. We at the Foundation are grateful for all of your support; however, it can not measure up to the appreciation and gratitude that these young adults have for all of you. Since we have so many wonderful donors and each one them is important to the success of this valuable program, we thought we should share with all of you some of these wonderful letters. These letters highlight the importance CFSF has played in the lives of these young people as well as the additional difficulties many of them encounter from time to time balancing school, health care and other activities. After reading them you will also realize that each one of them is cherishing their college experience and all that it has taught them academically as well as socially. They are no different than other young adults in college although the road to college for all of them includes daily medications, therapies and hospital stays. Each time I read one of these letters, I know that our commitment to CFSF is making a difference in the lives of these young people.

We are in the process of sending out applications for the 2006-2007 scholarships. Forms are due back in mid March and then the review process will begin. The awards are announced in mid-April. I am very excited that we will be able to award 10 to 15 multi-year scholarships this year in addition to our one year awards.

There is no doubt that the awareness of this program continues to grow each year. Our goal is to have every young adult with cystic fibrosis be aware of our program.

Enjoy getting to know some of our scholarship winners through their letters on the following pages.

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Semester Update from 2005-2006 Scholarship Recipients

Dear Friends of CFSF:

Happy holidays! I hope you had a wonderful Christmas filled with love and cheer. It was wonderful to come home to my family after finishing another fabulous semester at Bucknell University. Once again, I could not have had such a wonderful experience if it were not for the generosity you have shared with me. I cannot thank you enough for making such a positive effect on my life through your giving to CFSF.

Let me share with you an update on my life at Bucknell and my future plans, all of which you have impacted through your kindness. My past semester at Bucknell was spent as a student teacher at a local high school. I was given the opportunity to teach chemistry to over one hundred eleventh graders. The experience was wonderful and was one of the final requirements to receive a teaching certificate. Although I truly enjoyed this time, I have decided to go to graduate school to study biological chemistry. My applications are all in and now I am in the waiting period of the process.... I hope to attend one of these schools and focus my studies on drug discovery and design.

In addition to my academics, I am still an active member of the Bucknell cheerleading squad. Although our football team did not have such a great season, the basketball team is off to an amazing start. As a result of being a part of the squad, I have met many people and have made many good friends. The time commitment is high, but it is a time of stress relief and laughs with some great people. If it were not for your giving I would not be able to take part in such activities, for my time would need to be spent holding a job. Thanks you so very much for allowing me to participate in something that I love!

As I head into my final semester at Bucknell, it brings tears to my eyes. The experiences I have had, the people I have met, and all I have learned are truly invaluable. I would not trade them for the world. Please be proud to know that you have added a great deal of joy and meaning to a life. I can not express the appreciation and respect I have for people, such as you, for positively changing the lives of those they do not even know! You are truly amazing and may God bless you as He has done for me.

Hannah

Dear Friends of CFSF:

First and foremost I would like to wish you and your family Happy Holidays this season! I know that I am really looking forward to finishing this semester and spending time with my family. Holidays are always a special time and I would like to thank you again for your contribution. I am interested in hearing more about your family as well.

This semester has been very difficult here at the University of Southern Mississippi. We were directly affected by Hurricane Katrina and we missed two weeks of school. I am from Long Beach, MS and my house was destroyed. I was determined to not let that bring me down. I have focused on school and tried to stay healthy at the same time. I have actually taken this opportunity to spend a semester in Pontlevoy, France. I will leave in early February and return in May. I am so excited for this opportunity! It is a true blessing. I am now trying to finish up my classes and exams begin December 15.

I just hope that you have a wonderful holiday and a Happy New Year! I would love to hear from you.

Ashley

Dear Friends of CFSF

The 2005 fall semester is almost over for the year. School is going super for me. Classes and semester tests are coming to an end for this year. Motor Repair was a hands on class that deals with

how an electric motor works and how to trouble shoot and repair them. Electrical code class was learning about safeguarding people and property from hazards with electricity. These electrical codes are regulations that need to be followed to keep our community safe with electricity. These classes were very interesting and enjoyable for me to learn.

I am sure glad that it was possible for me to further my education in the electrical field. This scholarship helped me decide to further my education from a one year degree to a two year degree.

In May 2006, I will graduate with an Associate in Applied Science in the Industrial Electrician field. Then I can get out in the working field full time. Right now, I am working part time for an electrician business in our local town after school and on weekends. I have learned a lot working with this business doing hands on experience in the electrical field.

I want to thank you for your support for me to make it possible to get a good education in the electrical field. It is greatly appreciated to of had your support through my educational experience. Thanks again.

Michael

Dear Friends of CFSF

I am writing to thank you again for your continuing support of CFSF. I have had quite an interesting year, full of many experiences and events of great importance to me. As I mentioned in my last letter, I am attending Stevens Institute of Technology in Hoboken, New Jersey, where I am currently dorming. I am overjoyed with the college, the people, the town, and especially with my Music and Technology major.

In the fall semester, I was fortunate enough to meet several people currently in the music business with whom I made important and crucial connections, and I am only a freshman. My faculty advisor, who is also head of the Music and Technology program, introduced my fellow classmates and me to all of these people throughout the semester. I hope I was able to make a positive and memorable impression on them, for I know it will be the key to success in this field. On the day before I came home for the winter recess, my friend Kevin and I had a fantastic dinner in downtown Manhattan with the NYC Director of Sales for ABC television, also arranged by my advisor. This was such a great close to the semester, and I am so glad that I was given the opportunity to meet with such an important and successful individual.

My grade point average for this past semester was 3.6 and I am on Dean's list. In addition to my academic studies, I have been doing work-study every weekend in the music room to earn a little extra money to cover various costs. I am also involved with the school's record company and radio station. This all kept me occupied during the semester, and I am glad I was able to contribute time to these organizations.

When I was younger, I never thought I would be able to live at college when the time came because of my condition. I was not keen on being away from home either, and I was sure I just would commute to college and continue living at home. I am happy to say that both of these worries proved untrue, and I lived on campus last semester and plan to continue living on campus. I have realized that I can take care of many things by myself now that I am older, thus allowing me to function in the same way as any other individual living away from home. It has truly been a unique experience so far, and I look forward to returning to school later this month.

I hope all continues to be well with you and your families, and I wish you both the best of health and prosperity in the New Year.

Joel

Dear Friends of CFSF:

The end of my first semester as a junior has come to a conclusion and I have gained many fond memories over the past four months. This was both a semester where I leaned the ins and outs of how to live on my own, as well as the most difficult semester to date. My classes were by far the hardest that I have ever had, and I also had to learn to balance my work schedule with my school work.

Paying the rent and utilities was another task I had to do this year that I was unaccustomed to.

By far the most exciting part of the past semester was the feeling that I had my own place. I had decided by the end of my sophomore year that I wanted to live off campus as a junior. I picked three of my really good friends and we all picked a house that was relatively close to campus. Although the house is not the Taj Mahal, we realized going in that most college students don't live in the most glamorous of settings. Having said that, I truly love my house. We decorated it as best we can, and I can honestly say that we take very good care of our place. We devised a plan where everyone does one chore per week, and everyone has done a good job of keeping up their tasks. Also everyone had their own room which is a far cry from sharing a dorm room. We even added a Christmas tree to the house to celebrate the holidays.....

As far as school is concerned I think I did fairly well. I ended the semester with a 3.27. Although this is my lowest GPA for a semester, I was able to survive the final semester of French, which has been my nemesis in college.....

My job at school is going very well. I work the front desk for one of the student dorms. My job is to act as a sort of security to make sure that students without proper identification don't enter the building. I love my boss, and also work with other students which makes the job more fun. In fact, one of my roommates has the same job as me so we often work together.

I've been taking good care of myself over the semester and also participated in a drug study at Children's Hospital in Pittsburgh. The study went well, and my lung functions and weight were pretty good throughout. I would still like to gain about 10 pounds. Hopefully with the help of one of my friends, I will go to the gym and work out to accomplish this goal.

I truly appreciate everything you have done to help me. Without this scholarship I would have a difficult time attending Duquesne University. I love school, in fact, it's currently Christmas break and I have no remorse whatsoever about going back to college. I love to learn and to be on my own. I look at college as the last time in my life where I can truly live without too many worries (besides grades). I promise that when I graduate I will remember everything you have done for me to help me reach my goal of becoming a history teacher. Hopefully one day in the future I can help change some student's lives in the positive way that you have helped me.

Doug

Dear Friends of CFSF:

My name is Bailey. This is the second year that I have received your cystic fibrosis scholarship. I cannot thank you enough! This award has helped me immensely with tuition expenses. My cystic fibrosis has limited my ability to work a lot this year. As a college student who is paying rent, utilities, tuition, books, phone, car insurance, and groceries this award means so much to me. I am in my third semester at Kent State University and it is going very well. I am majoring in Marketing and plan on being a pharmaceutical sales representative. During break, I go into the hospital for a lung cleanout and get ready for the next couple of months of school. I just recently had an "arm port" put in. It is similar to a med port, but in the arm. I can now do home IV's and go to school.

This is such a generous contribution and I can assure you it is put to good use! I appreciate this scholarship and it will not be taken for granted! Thank you both and God bless!

Bailey