



Cystic Fibrosis Scholarship Foundation
Helping young adults with CF pursue their dreams

WINTER 2005

From the President:

Welcome to our Winter Newsletter. The purpose of the Winter Newsletter is to let our donors and friends learn more about the young adults with CF who are being helped by CFSF. We at the Foundation are grateful for all of your support; however, it can not measure up to the appreciation and gratitude that these young adults have for all of you. Since we have so many wonderful donors and each one them is important to the success of this valuable program, we thought we should share with all of you some of these wonderful letters. These letters highlight the importance CFSF has played in the lives of these young people as well as the additional difficulties many of them encounter from time to time balancing school, health care and other activities. After reading them you will also realize that each one of them is cherishing their college experience and all that it has taught them academically as well as socially. They are no different than other young adults in college although the road to college for all of them includes daily medications, therapies and hospital stays. Each time I read one of these letters, I know that our commitment to CFSF is making a difference in the lives of these young people.

We are in the process of sending out applications for the 2005-2006 scholarships. Forms are due back in early March and then the review process will begin. The awards are announced in mid-April. There is no doubt that the awareness of this program continues to grow each year. Our goal is to have every young adult with cystic fibrosis be aware of our program.

Enjoy getting to know a few of our scholarship winners through their letters on the following pages.

Mary Kay Bottorff

Semester Update from 2004-2005 Scholarship Recipients

Dear Friends of CFSF:

How are you? I'm doing well. I'm looking forward to Thanksgiving break. School is keeping me quite busy this semester. I am a senior at Marion College in Wisconsin. I'm a double major studying psychology and theology. I will graduate in May '05. I plan to go on to graduate school to study Depth Psychology or Spiritual Psychology. My ultimate goal is to help children, teens and families through counseling services.

I am thankful that God has kept me in good health, so I can work toward my dreams. I am also blessed by a family, not rich in finances, but in support and love. Lastly, I am "very" thankful God has brought angels like yourself into my life. Your wings help carry me above the burden of health costs interfering with my education. I am grateful for your wonderful gift – thank you for being so generous. God bless you and yours during the holiday and always.

Molly

Dear Friends of CFSF:

I am very glad that I chose Central Community College – Hasting Campus, to further pursue my education. Being close to home, and close to friends are two things that are very important to me.

My first semester of college went very well, just as I had expected. I learned very quickly that college was a lot different than high school in many ways. First of all, this semester I had a morning class at 7:30 a.m., which was a shocking change from high school. Secondly, the classes and instructors teach you to be a lot more independent, much different from daily assignments, like in high school. Finally, the atmosphere in college is a lot different than anything I had ever experienced. Every student on campus was chasing a goal, not just there because they had to be, and that is what I love about college; I'm getting much closer to my goal.

I drive racecars in the summer time, 360 & 410 Sprint Cars to be exact. That's where my first goal comes in, and that is this – being able to make a living doing what I love, driving Sprint Cars. I hope that it all works out like I want, but if it doesn't, that's where my second goal comes into effect - finishing college with a degree that will help me make a living doing something other than racing.

Next semester I plan on attending CCC in Hastings and starting to pursue a degree in Business Administration with an emphasis in management. I already have some of my General Education classes done and will be able to complete this degree, hopefully, in two years. Without your help my goal wouldn't be possible to achieve. Thank you very much for making college a reality for me. I hope you and your family had a very merry Christmas, and I wish you the best in 2005.

Chad

Dear Friends of CFSF:

I would like to personally thank you for making a donation to CFSF. I was so worried about how I would make it through school and I know that your donation to this scholarship helped make it possible. Your generous donation has truly made my freshman year at West Virginia Wesleyan College more enjoyable and less stressful. This semester has gone by very quickly. I was so nervous at first, but quickly adjusted and when I began to make new friends, it became so much easier. I am living at home so that I can take care of myself better and do my medications properly. I drive about 40 minutes to school very day. This, along with medications, cuts back on my studying time but everything has worked out well. I finished my first semester with a 2.75 and a lifetime of memories. It has been a wonderful experience. I am definitely glad I chose to go to college. Now that I am more

familiar with college, I plan to study harder and get better grades. I'm still undecided on what my major will be, but I'm sure I will succeed at whatever I decide to do. Thank you again for the thoughtful and useful donation, it is very much appreciated.

Kristina

Dear Friends of CFSF

Hello again from Indiana University of Pennsylvania! I am pleased to say that I am doing well, and that each semester of college is better than the one before it. I just finished the semester, which entailed a 17.5 credit course load. Grades were posted last week, and I achieved a 3.82! All of my classes were core classes this semester, so I did not get to take any classes pertaining to my major. However, this upcoming semester I will be taking six education classes, as well as visiting nearby schools to begin teaching lessons. I am extremely excited to do this. I was accepted into a new major in the college of education, which involves certification in both early childhood education and elementary education. It is quite an honor to be accepted in to this new program, and I look forward to all it has to offer. Most of my friends are in the program as well, and we will have all of our classes together. I think that is an added bonus because it offers a great support system if one of us is having trouble in a particular area. It helps to build cooperation between colleagues. Generally, it's been a productive semester, and I hope next semester is just as wonderful.

I cannot recall if I had mentioned being a member of Sigma Alpha Iota in previous letters, but at any rate, the sisters and I have had a rewarding semester. Late last spring, we began the huge project of holding an instrument drive for a nearby school whose music program has nearly died due to lack of funds in the district. Working with the community, we were able to provide students with 52 instruments, \$300 to be used towards the purchasing of various supplies, and multiple beginner books for the children who are leaning to play. This accomplishment brought the sisters and I great joy, for music is one of life's most precious gifts.

Without your generosity, I would not be able to achieve the accomplishments that I have in these past three semesters. I will forever be grateful for the gift you have given me; a gift which I someday hope to give to someone else. In a world that is in state such as ours, your actions bring me proof that the future will be bright. Thank you for your ongoing concerns in my well being and education. I hope that the New Year will find you prosperous and joyful.

Jennifer

Dear Friends of CFSF:

I would like to send you thanks and love for all of your generosity and support as I begin the wonderful journey through college. If it weren't for your wonderful deeds and all the great people like you, I wouldn't be where I am today. I greatly appreciate it and the money is being put to great use.

I should first probably start off by saying how much of a great first semester I had at school. As mentioned in the previous letter, I am attending Ramapo College in Mahwah, New Jersey. It is a lovely campus and everyone is great. At any other school, I think it would have been hard for me to adapt to the added freedom and the idea of living on my own. However, the people were so warming and welcoming that it was easy. I am constantly meeting new and wonderful people with many of my same interests. It has been a great experience for me so far.

The college life has been everything I expected and more. The amounts of people I have been meeting as well as the amount of opportunities available to me have been phenomenal. I took some decently challenging classes this semester but I did very well. The hardest part for me was trying to organize my time and allot enough for school work and the rest for social activities. I knew that if my schoolwork weren't thought of first, I wouldn't have done so well. This was the hardest part for my friends. Because they partied or socialized before their work was finished, they didn't get it done.

...I am anxiously waiting to go back to school and see all of my friends back at school. Once I go back, I will be taking more courses in the Criminal Justice field, but I am not sure if I am going to stick with that major. I am a little indecisive in that aspect right now, but I am sure that it will sort

itself out shortly. I am having a wonderful time and I really appreciate your kind actions. I want to thank you with all of my heart.

Mark

Dear Friends of CFSF:

I just finished the first semester of my sophomore year at Boston University, and it was without a doubt my best yet. I took some fascinating courses and started volunteering at an art museum, plus baseball season was extremely exciting here in Red Sox Nation. As always, I am so grateful for everything you do for CFSF. Because of your support, I've had this opportunity to try new things that making me very happy and it is this happiness, I believe, that has kept me so healthy. For this, I thank you tremendously.

Leann

Dear Friends of CFSF:

I have finished my first semester of this year and things went very well. I ended up with a 3.64 GPA and I now a 3.22 overall GPA. I will be applying to the school of education next fall in order to able to teach physical education. I thank you guys again for helping me to pursue my dreams. I have had a wonderful Christmas break and I look forward to getting back to school. It will be a tough semester as I have to take human physiology and some other tough classes. I know I will get through them though. Thank you once again for all your support!! You guys are great and it is greatly appreciated.

Jayne